

**Catoosa County Parks and Recreation  
Youth Volleyball Rules  
Spring 2019**

**Purpose:** To provide the citizens of Catoosa County with a well organized volleyball league to promote teamwork, sportsmanship and healthy competition.

**SECTION I - GOVERNING AUTHORITY**

The governing authority of the Youth Sports Program is the Catoosa County Parks and Recreation Department. Any rules not covered by the Recreation Department will be covered by Georgia Recreation and Parks Association. [Click to view the GRPA Athletic Manual](#)

**SECTION II - OFFERED DIVISIONS & AGE CONTROL DATE**

**A. Age control date: Age ON or BEFORE September 1st of current year**

a. Players are allowed to play in one division ahead. Players will not be allowed to play down an age division (penalty - illegal player).

**b. Offered Divisions:**

10 & Under - 9 and 10 years of age

12 & Under - 11 and 12 years of age

14 & Under - 13 & 14 years of age

**\*8 year olds are allowed to play. Such players must turn 8 by the age control date.**

**SECTION III - PLAYER EQUIPMENT, UNIFORMS**

A. Shoes are mandatory - proper rubber sole shoes must be worn.

B. Uniforms should have numbers on the front and back identical in style and color with players on the same team. The logos, numbers, trim, etc. does not have to match if the basic color is the same.

**SECTION IV - COURT REQUIREMENTS**

<b>Division</b>	<b>Net Height</b>	<b>Court Size</b>	<b>Service Line</b>	<b>Game Ball</b>
8 & Under	6'	50' x 30'	Up to 10' line	Lite Flight (7-8 oz)
10 & Under	6'	50' x 30'	Up to 10' line	Lite Flight (7-8 oz)
12 & Under	7'5"	60' x 30'	Regulation**	Lite Flight (7-8 oz)
14 & Under	7'5"	60' x 30'	Regulation	Regulation (9 to 10 oz) <i>Recommended: Spaulding</i>

**\*\*12u - Player in the serving position can use the 6 ft line for their first 3 serves. See Section V part B Serving Rules for more information.**

## **Section V - RULES**

### **A. Start of Match**

- a.** Prior to the start of the match the official will ask for team captains. The official will have the home team captain call the flip in the air. The winner of the coin flip will have the choice of serve, receive, or side.
- b.** *This initial coin flip will determine which team has the option to select between serve or side. The team that doesn't serve first in the first set will service first in the second match.* If the match goes into a 3rd set, another coin toss will be utilized to determine serve and side.
- c.** All matches will be best of three (3) sets using rally scoring. The first two (2) sets will go to 25 points, a team must win by two (2) points. If a third (3rd) set is needed it will be played to fifteen (15), a team must win by two (2) points.
- d.** Each team will consist of six (6) players. A team must have five (5) players to begin a match.

### **B. Serving**

- a.** Players in the service position are only allowed five (5) servse.
- b.** When a server scores five (5) consecutive points the offensive team MUST rotate and the next server can start the service process from the 6 ft. marked service line.
- c.** 12 & Under divisions will be permitted to serve up to the six (6) foot line. This line will be marked on the floor by a CCPRD staff member prior to the season. This line can ONLY be used for the first three (3) serves of a players turn. After three (3) consecutive point form the 6 ft. marked service line, the server is required to serve the remainder of her serves (two) from the regulation service line.
- d.** Players within the 10 & Under division are allowed to serve from the 10ft line. Players in this division should be encouraged and instructed to move back if they are able to properly serve the ball over the net.
- e.** Overhand and underhand serves are permitted.
- f.** The serve may hit the net as long as it goes onto the opposing team's side without assistance. The serve should be played as a live ball.
- g.** When the receiving team has gained the right to serve, its players should rotate one position clockwise, including the first serve.
- h.** Players are allowed one reserve during their service.

### **C. Rally Scoring**

- a.** A team can only hit the ball for a total of three (3) times before the ball crosses the net.
- b.** A ball may contact the ceiling, or other overhead objects above the playing area, and continue to be played as long as it remains on the same side of the court.
- c.** If a ball contacts an overhead object and enters into the opposing team's side of the court will result in a dead ball, and a point will be awarded to the opposing team.

**D. Timeouts**

- a. Each team get on (1) 30 second timeout per set.

**E. Substitutions**

- a. Substitutions can only be made after a side out or on a dead ball.
- b. Continuous substitution is not enforced.
- c. Each player must play each set, for at least 8 points.

**Section VI - SPECIAL RULES, COACH & PLAYER CONDUCT**

- A. The Recreation Department will not reschedule any games due to school functions; the only exception will be a State or National Holiday falling or being declared on that date.
- B. Any player, coach, or spectator acting in an unsportsmanlike manner or in any way that could prove detrimental to the league will be subject to disciplinary action by the Recreation Department.
- C. Any association or agency that has 12 or more players sign up in a single or combined age groups must split into two (2) or more teams and draft players EQUALLY to each team by each year of age.
- D. Any association having two (2) or more teams in an age group must set up a draft through the Catoosa County Parks and Recreation Department. A staff member of the CCPRD will supervise the draft proceedings and will sign off on the roster after the draft.
- E. All teams must have a parent or other volunteer call the lines for each game and the home team provides a person to keep score.
- F. Each team's official roster must be entered via the Tourney Machine App prior to the season. Each team will receive free admission for two (2) coaches and one (1) parent scorekeeper. These individuals must sign in at the admission gate on the back of the scoresheet. All other spectators must pay to enter the gym.
- G. **Forfeit Policy:** Any team that forfeits a regular season or playoff game and does not inform Catoosa Recreation 24 hours prior to game time will be subject to pay a \$50 per game forfeit fee (since referees must be paid) before the next scheduled game can be played. A team can be removed from the schedule after the 2<sup>nd</sup> forfeit. **No Exceptions!**
- H. Teams will be scheduled 10 season games. Refusal to play an opponent during a scheduled season game will lead to disqualification from the end of season tournament.
- I. Team scores and standings will be posted on the Catoosa County Parks and Recreation website and Tourney Machine. [Click to view CCPRD Website](#)

**Section VII - Team Registration**

A. Team Fees: \$20.00

B. Important Dates:

<b>CCPRD Volleyball Dates</b>	<b>Date</b>
Open Registration	<i>January 1 - February 15</i>
Coach/Association Meeting	<i>February 13</i>
Input Team Rosters into Tourney Machine	<i>February 25</i>
Schedule Release Date	<i>March 4</i>
Season Start Date	<i>March 18</i>

**CATOOSA COUNTY RECREATION DEPARTMENT CONTACT NUMBERS:**

RECREATION OFFICE – 706-891-4199 (Mon thru Friday only)  
INCLEMENT WEATHER / CANCELLATION NUMBER: 706-935-7246  
Caitlin Conduff - Cell 423-903-2123  
Email: [caitlin.conduff@catoosa.com](mailto:caitlin.conduff@catoosa.com)