

CATOOSA COUNTY ADULT BASKETBALL LEAGUE

2019

LEAGUE GUIDELINES AND RULES

1. Teams will play 8 to 10 games (combination of League and Tournament play) depending on the total number of teams entered. Open Division teams will compete only against the other Open Division teams. Church Division teams likewise. The season will begin on **Monday, January 7th, 2019**.
2. Teams choosing to participate in the Post-Season Tournament will be seeded according to their WIN-LOSS record. League Standings will be posted on the Catoosa County Website at www.catoosarec.com. If two or more teams have identical records, the tiebreaker system for seeding purposes will be:
 1. Head-to-Head record among the teams tied
 2. Points allowed
 3. Points scored
 4. Point Differential (Points Scored minus Points Allowed)
3. Entry fee is \$500 and must be turned in by **Friday, December 21st, 2018**. Make checks payable to: **Catoosa County Recreation Department**. Any team that drops out of the League after the 'League Schedule' has been created will receive "no refund" of entry fee money.
4. **Clock format and Game duration:** Each game will consist of two 20-minute 'running halves'. The clock will only be stopped for team or official timeouts. In addition, the clock will revert back to a 'regular clock' format during the final two (2) minutes of the 1st and 2nd Halves. **Mercy Rule:** The clock will run continuously in the 2nd half if a team has a 20 point or more lead. If at any point the lead slips to 19 points or less during the final 2 minutes of the game, the clock will revert back to 'regular clock' format. **Halftime will be 5 minutes.**
5. **Regulation game Timeouts:** Each team will have two (2) full timeouts (1 minute) in the 1st half, and two (2) full timeouts (1 minute) plus one (1) 30-second timeout in the 2nd half (for a total of 3 timeouts for the 2nd half). Timeouts cannot be carried over from the 1st half to the 2nd half.
6. **Short-Handed Rule:** A Game **CAN NOT** start with less than five (5) players. Teams with less than five (5) players at game time **MUST** inform the opposing coach. The opposing coach has two (2) options: **1)** Choose to Win the game by Forfeit, or **2)** Allow the Short-Handed team to "pick-up" one (1) non-roster player to equal five and play the game as an official contest.
7. League games will be officiated by two (2) certified High School officials.
8. Teams tied after 'Regulation play' will play 'Overtime'. Overtime periods will be handled accordingly:
 - a) **Length of 'Overtime'** = 2 minutes operating under 'Regular Clock' format.
 - b) **Overtime Timeouts** = Each team will have one (1) full timeout (1 minute), and one (1) 30-second timeout during each overtime period. Regulation timeouts cannot be carried over into overtime.
 - c) only two (2) overtime periods shall be played. The game will end in a 'tie' if teams are still tied after the 2nd overtime.

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ADDITIONAL LEAGUE GUIDELINES

1. Georgia High School Association rules will govern our league other than what is outlined below. Any 'League Guidelines' not covered or discussed will revert to the GHSA rulebook. **Any ejection results in a 1-game suspension.** If you receive two (2) technical fouls you are automatically ejected. A player or coach can be ejected (without any technical fouls) for any unsportsmanlike act/conduct. Also, flagrant acts or conduct can result in ejection from the game. Flagrant acts / unsportsmanlike acts may result in a multiple game suspension. Players may also be 'disqualified' from the game which means they are confined to the bench area or bleachers, can no longer participate in the game and zero tolerance will be in effect for unsportsmanlike verbal or physical behavior. Players that have been 'disqualified' from the game and were not ejected will not have to serve an additional game suspension unless an ejection follows.
2. **Profanity/Fighting Rule:** Any coaches/players who engage in a fight will be suspended from the league. No exceptions! Any coaches/players who use explicit profanity will be ejected from the current game and must serve their 1-game suspension. A second offense by the same coach/player will result in suspension from the league. In addition, players who leave the bench during an altercation will be suspended.
3. **Eligibility Rules:** Rosters are due on January 7th, 2019. A line will be drawn under the last name on each roster after they have been turned in. Then, the names on the official roster will be transferred to score sheets that will be present at each game. No player shall play in a league game if their name is not on the official score sheet at game time. Players can be added to the official roster up until January 31st, 2019. In addition, players must be added to a team's roster at least 24 hours prior to that team's next scheduled game. **No exceptions.** Please call the Recreation Office @ 706-891-4199 to add players. Only the pastor can add players to a church division roster.

*****Playoff eligibility:** In order to be eligible for the Men's League Playoffs at the end of the season, player(s) must have played in a minimum of three (3) League games.
4. A player cannot play on 2 or more teams within the same division of the Catoosa County Adult Basketball League.
5. Age requirement is 15 yrs of age and older. **No Exceptions!** Players must turn 15 before playing in a League game. Any player under the age of 18 MUST have their parent/legal guardian come by the Recreation Office at 749 Pine Grove Road, Ringgold and sign a Waiver of Liability in order to be eligible to participate in this league.
6. This League is for amateur players only. Any players who receive remuneration, benefits, or any type of compensation for playing the game of basketball are not eligible.
7. **Mandatory:** All players must have matching jerseys with legal numbers. Legal numbers are **0, 00, 1-5, 10-15, 20-25, 30-35, 40-45, and 50-55**. Players are **NOT ELIGIBLE** to play in a game if they do not have a jersey. Players wearing jerseys with illegal numbers are subject to a technical foul. Players **CANNOT** switch jerseys during the game or after a player has fouled out.

CATOOSA COUNTY ADULT BASKETBALL LEAGUE

SPECIAL RULES GOVERNING LEAGUE DISCIPLINE & PROTESTS

The Catoosa County Adult Basketball League is an organized athletic program for recreation only. It is not, however, set up to create conflicts between players of each team, or between players and officials. The sole purpose of this league is to offer a leisure program of basketball exercise for men and women.

Officiating basketball games is a difficult and uncompromising task. Although basketball officials are expected to make and see every call that the ten players on the court do, it will not happen. Players of this league need to understand that their own personal judgment of the game of basketball can be extremely keen and sharp, but it is the judgment of the assigned game officials that governs each game. Of the ten players on the court, the coaches, and the substitute players on each team bench, each person has his/her own personal judgment of the game of basketball, therefore: it is virtually impossible for two basketball officials to satisfy all the participants of each game! Officials that are assigned to all Adult League games are instructed to **NOT TOLERATE** any verbal abuse or unsportsmanlike conduct.

1. If a team uses an ineligible player in a league game, the game will be ruled a **FORFEIT**. The ineligible player will be suspended, and the offending team will be placed on probation for the remainder of the season. If a second offense occurs, the team will be suspended from the league.

2. **PROTESTS:** Protests are allowed only for player eligibility and rule interpretations only. Officials' judgment on the court and all judgment calls are **NOT PROTESTABLE**. If there is logical reason enough to follow through on a protest the following process must be followed:

A) The game officials must be informed that you are playing the game under protest. In addition, the scorekeepers and gym supervisor should be notified of the desire to protest.

B) A written statement detailing the reason for protest signed by the team manager/coach must be turned in to the Recreation Department along with a \$50.00 fee. The written protest and fee must be turned in **WITHIN 24 HOURS** of the incident.

C) During the post-season tournament, protests must be handled by the gym supervisor / league administrator immediately and the game shall not resume until the matter has been handled. If the game continues, the protest is null and voided.

CATOOSA COUNTY ADULT BASKETBALL LEAGUE CONTACTS:

Catoosa County Recreation Department: 706.891.4199

League Coordinator:

Caitlin Conduff

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